



2009  
FINALISTS

# NON FICTION



## High-Tech Legs on Everest

Mark Inglis, Sarah Ell  
Random House New Zealand  
ISBN 978-1-86979-012-7 pb, RRP \$26.99  
Target Age 8+

For many people, having both legs amputated below the knee would be the end. But for mountaineer Mark Inglis, it was just the beginning. Based on his bestselling book *Legs on Everest*, this young-readers version tells the story of Mark's incredible journey to the top of Mount Everest. Filled with photographs, information boxes and Mark's to-the-max attitude, *High-Tech Legs on Everest* is both entertaining and inspirational.



Mark Inglis is a climber, an inspirational speaker and an adventurer. At the age of 23, he lost both legs below the knee after surviving for 13 days in an ice cave on Mount Cook during prolonged bad weather. Since then he has set himself many targets – physical, academic and professional – and has succeeded in them all.



Sarah Ell has published widely in the history, sailing and young adult fiction genres. A journalist by trade, she was the editor of *Boating New Zealand* and *Boating Quarterly* magazines in the 1990s. She has also written three novels for young adults, *A New Zealand Christmas* (Oct 2008) and a beginners' guide to dinghy sailing published in the UK, South Africa and Australia.

### Great Activity and Event Ideas...

1. New Zealand is considered one of the ultimate adventure destinations in the world. Debate the merits of adventure versus risk. (Rescuers often risk or lose their lives to save others in the mountains). Do you think climbers should expect others to risk their lives to save them when they get into trouble?
2. Compare Mark Inglis' Everest experience with that of Sir Edmund Hilary. Make a list of the similarities and differences.
3. In spite of raising money for an artificial limb charity through his Everest climb, Mark Inglis was criticised after the media found out his party walked past a dying climber on their way to the top (see page 134). Write a letter to the editor expressing your views on the actions of Mark Inglis and his group.
4. Below is a list of jumbled words to do with mountaineering. See if you can unscramble them.  
detaluit      parmnoc      mathankud      cenast      npdeixtoie  
tibsofre      nexoyg      seab pamc      crees polse      xypohia
5. Invite a specialist in artificial limb technology to talk to you about how it works and how the technology has advanced.



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## Activity

It is often much more difficult for people with disabilities to participate in everyday sports and activities. Do some research on what sports and activities are available and design a poster or brochure encouraging people to give them a try.

